



Matthew Meyer
County Executive
Div. of Comm. Resources

Absalom Jones Senior Center

310 Kiamensi Rd., Wilmington, DE 19804 995-7636

Open Monday through Friday, 9am to 2pm

Hot lunch and salad bar served daily at 11:30am

June
2022

From the Director's Desk

I think summer is finally here. We started to work on the garden. Delcastle Technical School gave us a few plants to get started. Some of the students will come to help with the planting. We want to thank them for thinking of us.

Update on the AARP Driving Course: they have cancelled all in person classes due to the rise in the COVID cases but you can still take the course online. The Website I have is www.aarpdriversafety.org Promo code: DRIVINGSKILLS.

The Wii Season is finished for 2021/2022 and I regret to tell you this year again no Banquet. Congratulation to the winners: 1st place, The Spares from De La War, 2nd The Party Girls from Weston, 3rd Guys & Gals from MOT, 4th Ally Cats from Weston.

Due to the ongoing challenges with COVID we want you to know that we maintain a friendly and safe atmosphere and above all clean Center. We know that your health is most important.

Remember we have a few more Chromebooks if your interested let us know. We have a nutritious lunch and lots going on. Need transportation we will pick you up and take you home at no cost to you. See you at the center

Take care, stay healthy, be safe and see you soon. Best regards ~ Joan

New Castle County Senior Center Mission Statement

New Castle County provides recreational, educational and nutrition services for seniors 55+ years of age regardless of race, religion, sex, ethnic origin or handicap. All those attending the Center must be able to take care of their personal needs and make independent decisions as they participate in the activities of the day.

JUNE BIRTHDAYS

Gwendolyn Adams	Milton Entzminger	Ruby Malachi
Elizabeth Ann Adams	Joan Graham	Helen Miles
Elice Biloon	Betty Howe	Nick Piccoli
Rodney Coppock	Elaine Heverin	Cynthia L. Parisl
Mary Ellen L Carter	Katherine Issaris	Bonita Ryder
Norris Cooper	Harry Jump	Patricia Stryz
Judy Di Furio	Julie Kramedas	Joanne Tweed
Jeanne Gloria Detterline	Maureen Leyva	Marion Treece
John DuVernay	Linda Mutter	Patricia Turtoro
Sharon Eaton	Barbara Mc Camie	Mary Libby Ward

In case of inclement weather, please listen to **WDEL (1150) or WILM (1450) am radio stations** To check for Center closings & transportation cancellations.

Please DO NOT call the Center.

UPCOMING ACTIVITIES AT THE CENTER

June 1, Platinum Picnic 9 a.m.-1 p.m. Lunch \$5 Due by May 13.

June 6, Rehoboth Beach \$5. Lunch on your own.

June 17, Wind Creek Casino, Coach \$40. Free slot dollars \$25. 8:30am-4:30pm

June 27, Mystery Ride \$15 lunch not included. No open shoes. Walking involved.

June 28, Drama Club Play "The Man In 304". 6/29/22 Evening Play 6 p.m. Lite Snacks

July 13, Magic & Wonder Theater "Juke Box Jive" those returning \$20, New people \$31.

July 21, Sonja & Her Students (info to follow)

July 26, Harrington State Fair Free day for seniors, bus \$5

July 28, Medieval Times info to follow

Aug. 24, "Thunder Over the Boardwalk" coach \$40 8:30 a.m.-6:30 p.m.

Registration and payment required for above trips.

PAYMENT DUE WHEN YOU SIGN UP. FOR INFO CALL 302-995-7636

NO TRIP OR SHOW REFUNDS UNLESS WE HAVE SOMEONE TO REPLACE YOU!

STAFF

Director

Joan Budrow

Assistant Director

Judy Panchisin

Site Manager

Sheila Kellam

Secretary

Sheila Carlisle

Drivers

Wayne Winters

Don Myers

Thinking of You

Marlene Coughlin	Clara Snyder
Joan Murphy	Harry Jump
Annette Tomasello	Marie Catullo
Joyce Johnson	James McKeller
Sandy Poe	Blanch Barlow
Charles Coover	Darlene Bargelski
Joan Gay	Jean Heine
Ruby Malachi	Barbara McCarnie
Nancy Welden	Debbie Kondzielawa
Joanne Nagy	Michael Williams
Sharon Ball	Michael Anthony
Duane & Nancy Westfall	



Wednesday, June 1
9 a.m.-1 p.m.
Hockessin PAL
7259 Lancaster Pike, Hockessin

Costumes Encouraged ♦ Door Prizes
 Disc Jockey ♦ Entertainment ♦ Dancing

Hot lunch \$5. Registration required.
 Call (302) 395-5652 or visit
newcastlede.gov/specialevents.

 Live Healthy New Castle County

Special thanks to our donor


Welcome New Members

Annie Tsao	Louise Rolleri
Cass Nagowski	Glorita Nunally
Linda Tucker	Rosie Tillman
Lenora Lovett	

APRIL PINOCHLE CORNER:

Sue DeCola	260
Maggie King	365
Pat Turtoro	365
Joanne Tweed	260

TRIVIA QUESTIONS

1. Two-thirds of the world's eggplants are grown where?
2. China uses 45 billion chopsticks per year, using ___ million trees to make them?
3. A typical lightning bolt is only ___ wide and ___ miles long.

Senior of the Month: Cynthia Brown

Cynthia Brown joined our center in 2017. She was born in Pensacola, Fla. on August 13, 1939. From there Cynthia moved to Philadelphia, PA. After high school in Philadelphia, she attended the Gratz Business School. Cynthia then moved to New Castle, DE.

She has two children Darryl and Cheryl and two grandchildren Andrew and Brianna. Her favorite TV shows are Property Brothers and NCIS: Los Angeles. Her favorite food is seafood and fried chicken. Her favorite vacation place is Wildwood, NJ. Cynthia has a few hobbies, cooking and baking and is "Famous for her Carrot Cake".

We ask Cynthia if she had a favorite person, she would like to have lunch with, and her answer was Billy Dee Williams.

Thanks for sharing some of your life with your friends at the center.

We are awarding a monthly gift to a lucky birthday person. Every time the birthday person for that month comes to the Center for a meal or trip, we will enter their name in a drawing for a gift to be awarded at our birthday party. So the more times you get your name in the basket, the better chance you will have to win!

Daily Activities

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Game Room and Fitness Center Open	Game Room and Fitness Center Open	Game Room and Fitness Center Open	Game Room and Fitness Center Open	Game Room and Fitness Center Open
Bank & Post Office (1st Monday)	Tax Aide	Tai Chi	Sitting Tai Chi	Trip Day
Computer Class	Bingo	Armchair Exercise	Pinochle Club	Tai Chi
Zumba Gold	Sitting Tai Chi	Open Art Studio (2nd & 4th Wednesdays)	Personal Trainer	Line Dancing
Sewing/Quilting	Sewing/Quilting		Drama Club Practice	Bid Whist
Wii Team Bowling	Personal Trainer		Progressive Line Dancing	
Cardio	Drama Club Practice		Basic Beginners Line Dancing	
	Advisory Board Meeting (3rd Tuesday)		Wii Bowling	
	Arthritis Wellness Class		ShopRite	
			Blood Pressure Screening	<i>On occasion there may be other trip days. Check your newsletter or call the Center. Times for all programs can be found on page 4.</i>

Activities & Services Offered Throughout the Year

- GAMES:** Bingo, pinochle, billiards, shuffleboard, pickle ball, Wii.
Game room is open daily from 9am-2pm.
- HEALTH:** Blood pressure screening, Delaware Assistance Prescription Program, Vial of Life, Medicare information, Speakers
- FITNESS:** Dance classes, water aerobics, tai chi, group exercise, walk the gym, cardio
- SERVICES:** Elderinfo, Legal Aid, Tax assistance by AARP, defensive driving, computer classes, caregiver information, book and video lending library, Delaware Energy Assistance Program
- GROUPS:** Advisory Council, Red Hat Society "Sassy Ladies", Chess Club, Drama Club, Shuffleboard Club, Wii Bowling, Book Club
- ARTS & CRAFTS:** Watercolor class, paper flower making, candy making

Look for dates and times in the newsletter or ask the Senior Center staff!

ABSALOM JONES SENIOR CENTER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
June 2022 Trip sign up at 9:30 a.m.	HAPPY FATHERS DAY TO ALL THE DADS AND GRAMPYS 	1 Trip 9-1 Platinum Picnic Sock Hop Shake, Rattle & Roll \$5 for lunch All staff will attend Center will be closed	2 9: ShopRite 9:30: Sitting Tai Chi BP Screening 9:30 10:20: Progressive LD 11:15: Basic Begin LD 11:30: Speaker: Elder Abuse 11:15: Pinochle Club 12:30: Group Exercise 2: Drama Club Practice	3 Trip 9-2 Kitchen Kettle \$5 9:30: Tai Chi 10:30: Soul Line Dance 12: Bid Whist
6 Trip 8:30-3:30 Rehoboth Beach \$5 9:30: Zumba Class 12:30: Computer Instructor 12:30: Cardio Class	7 9:30: Bingo 9:30: Sitting Tai Chi 10:30: Arthritis Wellness Class 12:30: Group Exercise 12:30: Sassy Ladies MT 2: Drama Club Practice	8 Trip 10-2 Christina Mall 9:30: Tai Chi 10: Open Art Studio 11: Armchair Exercise	9 9: ShopRite 9:30: Sitting Tai Chi 10:20: Progressive LD 11:15: Basic Beginners LD 11:15: Pinochle Club 12:30: Group Exercise 2: Drama Club Practice	10 Trip 9-2 Boothwyn Market 9:30: Tai Chi 10:30: Soul Line Dance 12: Bid Whist
13 Trip 9-11:30 Breakfast, Dollar Store 9:30: Zumba Gold 12:30: Computer Instructor 12:30: Cardio Class	14 9: Bingo 9:30: Sitting Tai Chi 10:30: Arthritis Wellness Class 12:30: Group Exercise 2: Drama Club Practice	15 Trip 9:30- 2 Woody's 9:30: Tai Chi 10:30: Armchair Exercise	16 BP Screening 9:30 9: Shoprite 9:30: Sitting Tai Chi 10:20: Progressive LD 11:15: Basic Begin LD 11:15: Pinochle 11:30: Speaker: Medicare Fraud 12:30: Group Exercise 2: Drama Club Practice	17 Trip 9-2 The Mystery Ride \$15 + your lunch (no open shoes) 9:30: Tai Chi 10:30: Soul Line Dance, 12: Bid Whist
20 Holiday Juneteenth Day	21 9: Bingo 9:30: Sitting Tai Chi 10: Book Club MT 10:30: Arthritis Wellness Class 12: ADV MT 12:30: Group Exercise 12:30: SPCA Visit 2: Drama Club Practice	22 Trip 9-2 Italian Market \$5 9:30: Tai Chi 10: Armchair Exercise 10: Open Art Studio	23 9: Shop Rite 9:30: Sitting Tai Chi 10: Sewing/Quilting 10:20: Progressive LD 11:15: Basic Begin LD 11:15: Pinochle Club 12:30: Group Exercise 2: Drama Club Practice	24 Trip 9-2 Harrah's Casino West Chester 9:30: Tai Chi 10: Sewing/Quilting 10:30: Soul Line Dance 12: Bid Whist
27 Trip 8:30-4:30 Wind Creek \$40, \$25 slot dollars 9:30: Zumba Gold 12:30: Computer Instructor 10-11: Water Aerobics 12:30: Cardio	28 9: Bingo 9:30: Sitting Tai Chi 10:30: Arthritis Wellness Class 12:30: Group Exercise Drama Club Play The Man In 304	29 9:30: Tai Chi 10-11 Water Aerobics 1-3: Staff Zoom Meeting 6: Drama Play Lite Snacks The Man In 304	30 9: ShopRite 11:15: Pinochle Club 12:30: Group Exercise	

Absalom Jones Senior Center
Advisory Board

President: John DuVernay
Vice-President: William Kaper
Secretary: Castella LaCompte
Assist. Secretary: Joan Gay
Goodwill Ambassador:

Staff

Director: Joan Budrow
Assistant Director: Judy Panchisin
Site Manager: Sheila Kellam
Secretary: Sheila Carlisle
Drivers: Wayne Winters, Don Myers

Advisory Board Meeting
June 21, 12 p.m.

Legacy

You joined the ABJ Center because you found a place to call home. The Center offers trips, activities, educational offerings, and resources that help you live a more fulfilling life. You have made friends that you accompanied on many trips. Some of you have made life-time friends. By remembering the ABJ Senior Center in your will or even a donation, you can help preserve a place for others to come for many years. For more information and assistance, contact the Center Director.

Friendly Reminder

For your health and safety, **please** do not take items from the lunch trays and store them in your bag or purse. It is risky to have food items sit at room temperature. Please consume all food items at the Center. Thank you for your cooperation.

Book Buddy Program

This is a program to provide reading material to homebound seniors who are unable to visit their County library. To find out more or to sign up for this free service call **395-5656**.

Greeting Cards

Check out the rack of cards in the game room. They are \$.25 each and the money benefits the Center.

Emergency Food Assistance

New Castle County Department of Community Services/Division of Community Resources, in partnership with the Division of State Service Centers is pleased to offer emergency food assistance for seniors. If you are in need of food, call Absalom Jones Senior Center at (302) 995-7636 or the State Service Center at (302) 892-5972.



I finally figured out
what I want to be
when I get older....
YOUNGER!!