



**SPORTS AND ATHLETICS SECTION
DIVISION OF COMMUNITY RESOURCES**

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 @nccdesports www.nccdesports.com

2022 SPRING 7-MAN NO-CONTACT FLAG FOOTBALL

REVISED: Wed, May 4, 2022

NORTH

Breslin Contracting
Fractured
Get It Regardless
Keep It Highlanders
Maryland Elite
The Legion
Villains

SOUTH

Delaware Destroyers
Dreamchasers
Intercepticons
Mean Machine
OTM
Outta Breath
Over The Hill-Billies

EAST

Anytime Fitness
Aquaflow
Brawlers
Grumpy Grumpsters
Knights
Legacy
Vets

WEST

Beastmode
GameBreakers
Gladiators
High Voltage (*REMOVED*)
Local 313
MLG's End Zone Boyz
Wayman Fire Protection
Young Bucks

LEAGUE FORMAT

NORTH (7 teams)	SOUTH (7 teams)	EAST (7 teams)	WEST (8 teams)
1 RR = 6 games	1 RR = 6 games	1 RR = 6 games	1RR = 6 games

IMPORTANT TELEPHONE NUMBERS

NCC Sports Office	395-5890	George Hendrix, North/South Coordinator.....	345-9823
NCC Sports Fax	395-5892	Art Ferris, East/West Coordinator.....	540-8576
NCC Inclement Weather Message	395-5891	Sports Office, Referee Assignor.....	395-5890
NCC Permit Section.....	395-5606	A.F.T.F.L.	1-516-822-6312
NCC Field Maintenance	395-5720	U.S.F.T.L.	1-440-974-8735
News Journal Sports	324-2850	P.F.F.L.	1-919-894-1783

PAYMENT OF "SCREEN" FLAG OFFICIALS

The officials must be paid in cash before the start of each game (including playoffs):

Officials	Rate per Official	Cost per Team
1	\$46.00	\$23.00
2	\$30.00	\$30.00
3*	\$30.00	\$45.00

Games may be officiated by volunteers if no league official is present and that individual should be paid as described above.
*Playoff games may have 3 officials. Teams will be notified in advance.

Exceptions: Forfeits at the field, or without advance notice (24-48 hours), will incur a \$65 forfeit fee (both team's referee fees and an administrative expense).



For fastest access to program information including game day weather related updates, follow the Sports Office on Twitter [@nccdesports](https://twitter.com/nccdesports). All football tweets are tagged #NCCFlagFootball.

IMPORTANT REMINDERS

- ✓ This schedule represents your permit to use the facilities on the dates and times indicated. Should any conflict with field use arise, contact the NCC police and refer to Permit No.
- ✓ Mandatory make-up games will be scheduled based upon field and referee availability.
- ✓ Coaches must keep spectators away from the sidelines. Spectators are not permitted inside the fenced in area at Delcastle.
- ✓ Please do not park on the grass areas of the ball fields.
- ✓ **DRUGS, ALCOHOL, AND SMOKING ARE PROHIBITED IN COUNTY PARKLAND.**
- ✓ Uniform shirts with a number on the back must be worn by all players (effective Sat, Apr 9).
- ✓ **Proper conduct is expected of all players.** Players ejected from a game for unsportsmanlike conduct will receive a minimum one-game automatic suspension to be served in the next game played without written notification.
- ✓ **ZERO TOLERANCE WARNING:** Players will be removed from current quarter of play, plus one additional quarter of play, for any general use of foul language (similar to "Cool Down" procedure described in NCC General Rules X.G.).



Digital Roster

We will no longer be accepting paper rosters & waivers. Managers should have all players complete the digital roster before the deadline (Sat, Apr 9).
 If you are viewing the schedule online, **this QR code is also a clickable link that will send you directly to the Google Form.**
QR Code Instructions: *Using the camera on your smart phone* (or barcode scanner app) *focus on the QR code to the left.* A link will appear that directs you to a Google Form. Fill out the individual roster information and submit.
 Players only need to complete this roster/waiver form one time (one submission per player, per season). **Reminder that players are NOT allowed to play on multiple teams in the 7-Man Flag league (even if the teams are in different divisions).**

****Sundays, and/or weeknights, may be used as make-up dates if needed****

<u>DATE</u>	<u>TIME</u>	<u>FIELD</u>	<u>DIV</u>	<u>GAME</u>	<u>HOME TEAM</u>	<u>VISITING TEAM</u>
Sat	9:00 AM	DEL	West	1	Young Bucks	Wayman Fire Protection
Mar 19	10:10 AM	DEL	West	2	High Voltage	Local 313
	11:20 AM	DEL	West	3	Gladiators	Beastmode
	12:30 PM	DEL	North	4	Breslin Contracting	The Legion
			West	BYE	MLG's End Zone Boyz	
			West	BYE	GameBreakers	
	9:00 AM	BID	North	5	Fractured	Get It Regardless
	10:10 AM	BID	North	6	Keep It Highlanders	Maryland Elite
	11:20 AM	BID	South	7	Outta Breath	OTM
	12:30 PM	BID	South	8	Dreamchasers	Mean Machine
			North	BYE	Villains	
			South	BYE	Delaware Destroyers	
	9:00 AM	MAR	South	9	Over the Hill-Billies	Intercepticons
10:10 AM	MAR	East	10	Anytime Fitness	Knights	
11:20 AM	MAR	East	11	Grumpy Grumpsters	Legacy	
12:30 PM	MAR	East	12	Aquaflow	Brawlers	
		East	BYE	Vets		

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****Sundays, and/or weeknights, may be used as make-up dates if needed****

Please Note: Teams listed in *Blue Italics* will play a double-header.

<u>DATE</u>	<u>TIME</u>	<u>FIELD</u>	<u>DIV</u>	<u>GAME</u>	<u>HOME TEAM</u>	<u>VISITING TEAM</u>	
Sat	9:00 AM	DEL	North	15	The Legion	Keep It Highlanders	
Mar 26	10:10 AM	DEL	North	14	Get It Regardless	<i>Villains</i>	
	11:20 AM	DEL	North	13	<i>Villains</i>	Maryland Elite	
	12:30 PM	DEL	South	16	Mean Machine	Outta Breath	
	1:40 PM	DEL	South	17	OTM	Over the Hill-Billies	
				South	BYE	Dreamchasers	
				North	BYE	Breslin Contracting	
				North	BYE	Fractured	
		9:00 AM	BID	East	18	<i>Vets</i>	Aquaflow
		10:10 AM	BID	East	19	<i>Vets</i>	Legacy
		11:20 AM	BID	East	20	Anytime Fitness	Brawlers
		12:30 PM	BID	West	21	Local 313	Wayman Fire Protection
				East	BYE	Grumpy Grumpsters	
				East	BYE	Knights	
		9:00 AM	MAR	West	22	MLG's End Zone Boyz	Young Bucks
		10:10 AM	MAR	South	23	Intercepticons	Delaware Destroyers
	11:20 AM	MAR	West	24	High Voltage	Gladiators	
	12:30 PM	MAR	West	25	GameBreakers	Beastmode	

<u>DATE</u>	<u>TIME</u>	<u>FIELD</u>	<u>DIV</u>	<u>GAME</u>	<u>HOME TEAM</u>	<u>VISITING TEAM</u>	
Sat	9:00 AM	DEL	South	26	Outta Breath	Delaware Destroyers	
Apr 2	10:10 AM	DEL	South	27	Dreamchasers	Intercepticons	
	11:20 AM	DEL	East	28	Legacy	Aquaflow	
	12:30 PM	DEL	South	29	Mean Machine	OTM	
				South	BYE	Over the Hill-Billies	
		9:00 AM	BID	East	30	Knights	Grumpy Grumpsters
		10:10 AM	BID	East	31	<i>Vets</i>	Anytime Fitness
		11:20 AM	BID	West	32	Beastmode	Local 313
		12:30 PM	BID	West	33	Wayman Fire Protection	MLG's End Zone Boyz
				West	BYE	Young Bucks	
				West	BYE	High Voltage	
				East	BYE	Brawlers	
		9:00 AM	MAR	West	34	Gladiators	GameBreakers
		10:10 AM	MAR	North	35	Maryland Elite	Breslin Contracting
		11:20 AM	MAR	North	36	Get It Regardless	Keep It Highlanders
		12:30 PM	MAR	North	37	<i>Villains</i>	Fractured
			North	BYE	The Legion		

Online Roster/Waiver submission due by midnight Saturday, April 9

Uniform policy also in effect

Cont'd on next page...

****Sundays, and/or weeknights, may be used as make-up dates if needed****

Please Note: Teams listed in *Blue Italics* will play a double-header.

Online Roster/Waiver submission due by *midnight Saturday, April 9*

Uniform policy also in effect

<u>DATE</u>	<u>TIME</u>	<u>FIELD</u>	<u>DIV</u>	<u>GAME</u>	<u>HOME TEAM</u>	<u>VISITING TEAM</u>
Sat	9:00 AM	DEL	East	38	Aquaflow	Knights
May 7*	10:10 AM	DEL	East	45	Local 313	Gladiators
was Apr 9	11:20 AM	DEL	West	80	MLG's End Zone Boyz	GameBreakers
Rain Out	12:30 PM	DEL	East	41	<i>Brawlers</i>	Legacy
	1:40 PM	DEL	East	62	<i>Brawlers</i>	Vets
			East	BYE	Anytime Fitness	
			West	BYE	Wayman Fire Protection	
	9:00 AM	BID	West	42	Beastmode	Young Bucks
	10:10 AM	BID	South	43	Delaware Destroyers	Over the Hill-Billies
	11:20 AM	BID	South	44	Intercepticons	Outta Breath
			West	39	Grumpy Grumpsters	Vets
			South	BYE	Mean Machine	
			West	45	MLG's End Zone Boyz	High Voltage <i>FF</i>
	10:10 AM	MAR	South	47	OTM	Dreamchasers
	11:20 AM	MAR	North	48	<i>Breslin Contracting</i>	Fractured
	12:30 PM	MAR	North	49	Keep It Highlanders	<i>Breslin Contracting</i>
			North	50	The Legion	Villains
			North	BYE	Marlyand Elite	
			North	BYE	Get It Regardless	
<u>DATE</u>	<u>TIME</u>	<u>FIELD</u>	<u>DIV</u>	<u>GAME</u>	<u>HOME TEAM</u>	<u>VISITING TEAM</u>
Sat	9:00 AM	DEL	West	51	GameBreakers	Young Bucks
Apr 16	10:10 AM	DEL	West	52	Beastmode	High Voltage
	11:20 AM	DEL	South	53	Mean Machine	Delaware Destroyers
	12:30 PM	DEL	West	54	Local 313	MLG's End Zone Boyz
			West	BYE	Wayman Fire Protection	
			West	BYE	Gladiators	
	9:00 AM	BID	North	55	<i>Fractured</i>	The Legion
	10:10 AM	BID	North	56	<i>Marlyand Elite</i>	<i>Fractured</i>
	11:20 AM	BID	North	57	<i>Marlyand Elite</i>	Get It Regardless
	12:30 PM	BID	South	58	OTM	Intercepticons
			South	BYE	Outta Breath	
			North	BYE	Keep It Highlanders	
			North	BYE	Villains	
			North	BYE	Breslin Contracting	
	9:00 AM	MAR	South	59	Dreamchasers	Over the Hill-Billies
	10:10 AM	MAR	East	60	Aquaflow	Anytime Fitness
	11:20 AM	MAR	East	61	Legacy	Knights
	12:30 PM	MAR	East	83	Brawlers	Grumpy Grumpsters
			East	BYE	Vets	

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<u>DATE</u>	<u>TIME</u>	<u>FIELD</u>	<u>DIV</u>	<u>GAME</u>	<u>HOME TEAM</u>	<u>VISITING TEAM</u>
Sat	9:00 AM	DEL	West	63	MLG's End Zone Boyz	Beastmode
Apr 23	10:10 AM	DEL	North	64	Fractured	Keep It Highlanders
	11:20 AM	DEL	North	65	Get It Regardless	The Legion
	12:30 PM	DEL	North	66	Villains	Breslin Contracting
			North	BYE	Marlyand Elite	
	9:00 AM	BID	South	67	Delaware Destroyers	Dreamchasers
	10:10 AM	BID	South	68	Over the Hill-Billies	Outta Breath
	11:20 AM	BID	South	69	Intercepticons	Mean Machine
	12:30 PM	BID	East	70	Knights	Brawlers
	1:40 PM	BID	West	71	Local 313	GameBreakers
			South	BYE	OTM	
	9:00 AM	MAR	West	72	Gladiators	Young Bucks
	10:10 AM	MAR	West	73	High Voltage <i>FF</i>	Wayman Fire Protection
	10:10 AM	MAR	<i>Scrimmage</i>		<i>Vets</i>	Wayman Fire Protection
	11:20 AM	MAR	East	74	<i>Grumpy Grumpsters</i>	Aquaflow
	12:30 PM	MAR	East	75	Anytime Fitness	<i>Grumpy Grumpsters</i>
			East	BYE	Legacy	
			East	BYE	<i>Vets</i>	

<u>DATE</u>	<u>TIME</u>	<u>FIELD</u>	<u>DIV</u>	<u>GAME</u>	<u>HOME TEAM</u>	<u>VISITING TEAM</u>
Sat	9:00 AM	DEL	East	76	Knights	Vets
Apr 30	10:10 AM	DEL	South	77	Delaware Destroyers	OTM
	11:20 AM	DEL	South	78	Outta Breath	Dreamchasers
	12:30 PM	DEL	South	79	Over the Hill-Billies	Mean Machine
			South	BYE	Intercepticons	
	9:00 AM	BID	West	40	<i>Wayman Fire Protection</i>	GameBreakers
	10:10 AM	BID	East	81	Legacy	Anytime Fitness
	11:20 AM	BID	West	82	<i>Wayman Fire Protection</i>	Gladiators
			East	62	Brawlers	<i>Vets</i>
			West	BYE	Beastmode	
			West	BYE	Local 313	
			West	BYE	MLG's End Zone Boyz	
			East	BYE	Aquaflow	
			West	84	Young Bucks	High Voltage <i>FF</i>
	10:10 AM	MAR	North	85	Breslin Contracting	Get It Regardless
	11:20 AM	MAR	North	86	The Legion	Marlyand Elite
	12:30 PM	MAR	North	87	Keep It Highlanders	Villains
	1:40 PM	MAR	North	50	The Legion	Villains
			North	BYE	Fractured	

Playoff Schedule on next page...

Spring 2022 7-Man Flag Football Playoffs (tentative)*Home team is the higher seed in all playoff matchups***North Division**

<u>DATE</u>	<u>TIME</u>	<u>FIELD</u>	<u>DIV</u>	<u>GAME</u>	<u>TEAM 1</u>	<u>TEAM 2</u>
Sat	10:10 AM	DEL	North	N1	North 4	North 5
May 14	11:20 AM	DEL	North	N2	North 2	North 7
	12:30 PM	DEL	North	N3	North 3	North 6
				BYE	North 1	
Semi-Finals						
Sat	11:20 AM	DEL	North	N4	North 1	Winner N1
May 21	12:30 PM	DEL	North	N5	Winner N2	Winner N3
Championship						
SUN	12:30 PM	DEL	North	N6	Winner N4	Winner N5
May 22						

South Division

<u>DATE</u>	<u>TIME</u>	<u>FIELD</u>	<u>DIV</u>	<u>GAME</u>	<u>TEAM 1</u>	<u>TEAM 2</u>
Sat	9:00 AM	DEL	South	S1	South 4	South 5
May 14	9:00 AM	BID	South	S2	South 2	South 7
	10:10 AM	BID	South	S3	South 3	South 6
				BYE	South 1	
Semi-Finals						
Sat	9:00 AM	DEL	South	S4	South 1	Winner S1
May 21	10:10 AM	DEL	South	S5	Winner S2	Winner S3
Championship						
SUN	11:20 AM	DEL	South	S6	Winner S4	Winner S5
May 22						

East Division

<u>DATE</u>	<u>TIME</u>	<u>FIELD</u>	<u>DIV</u>	<u>GAME</u>	<u>TEAM 1</u>	<u>TEAM 2</u>
Sat	11:20 AM	BID	East	E1	East 4	East 5
May 14	12:30 PM	BID	East	E2	East 2	East 7
	1:40 PM	BID	East	E3	East 3	East 6
				BYE	East 1	
Semi-Finals						
Sat	11:20 AM	BID	East	E4	East 1	Winner E1
May 21	12:30 PM	BID	East	E5	Winner E2	Winner E3
Championship						
SUN	10:10 AM	DEL	East	E6	Winner E4	Winner E5
May 22						

West Division

<u>DATE</u>	<u>TIME</u>	<u>FIELD</u>	<u>DIV</u>	<u>GAME</u>	<u>TEAM 1</u>	<u>TEAM 2</u>
Sat	9:00 AM	MAR	West	W1	West 1	West 8
May 14	10:10 AM	MAR	West	W2	West 4	West 5
	11:20 AM	MAR	West	W3	West 2	West 7
	12:30 PM	MAR	West	W4	West 3	West 6
Semi-Finals						
Sat	9:00 AM	BID	West	W5	Winner W1	Winner W2
May 21	10:10 AM	BID	West	W6	Winner W3	Winner W4
Championship						
SUN	9:00 AM	DEL	West	W7	Winner W5	Winner W6
May 22						