



**SPORTS AND ATHLETICS SECTION
DIVISION OF COMMUNITY RESOURCES**

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COVID POLICIES AND PROCEDURES

NCC Sports Office Return to Play Plan has been approved by the Department of Public Health and must be followed by all participants. **Anyone who cannot agree to follow these protocols should not participate in this program.** Please familiarize yourself with our policies listed below:

General COVID Procedures

- **Players will be temperature screened before entering the complex.** Please be sure to wear your face covering when entering.
- In order to assist with social distancing during arrival, practice and game times will be staggered to avoid large groups trying to enter the complex at the same time. Please do not arrive more than 15 minutes before your scheduled starting time.
- **Dugouts and bleachers will be closed.** Players must bring their own chairs that are placed 6' apart from all others. Chairs may not be shared between players.

COVID Playing Policy

The following COVID restrictions are in place:

- An acceptable face covering must completely cover the nose and mouth at all times.
- **Officials, Staff Members and Substitutes must wear a face covering AT ALL TIMES.**
- Spectators are not encouraged but if they attend, they must wear a face covering at all times. Any spectators who do not reside in the same household must socially distance (minimum 6') at all times.
- **Players must wear a face covering at all times, except while actively participating (on the field) during a practice or game.**
- Teams should hit and replace their own game balls. Game balls should be sanitized before each time they enter the game.
- Players may not share equipment. This includes bats and gloves.
- Sport specific traditions involving contact with other players such as pre-game meetings, high-fives, post-game handshakes, etc. are prohibited.
- All participants should properly sanitize at the end of the game and leave the facility immediately. No post-game congregations at the fields.

COVID Reporting Policy

- Players must immediately report to the NCC Sports Office if any of the following occur:
 - In the last 14 days, the player has been in close, personal contact (for more than a few minutes), without a face covering, to someone diagnosed with COVID.
 - In the last 14 days, the player has been in close, personal contact (for more than a few minutes), without a face covering, to someone who recently tested for COVID because they are symptomatic and that is still awaiting results.
 - In the last 3 days, the player has experienced any combination of the following symptoms which are either out of the ordinary and/or undiagnosed by a medical professional as being associated with a non-coronavirus affliction: Fever of 99.5 or more or chills, Cough, Shortness of breath or difficulty breathing, Fatigue, Muscle or body aches, Headache, Loss of taste or smell, Sore throat, Congestion or runny nose, Nausea or vomiting, or Diarrhea.
- The proper NCC COVID protocols will be applied and may include further monitoring, notification of teammates and opponents, quarantining, postponement of games or other measures deemed necessary to protect the well-being of players and staff.

Please note that New Castle County routinely offers free COVID testing at multiple sites throughout the County. Participants and their families are encouraged to participate in these events throughout the season. Please visit www.nccde.org and click on COVID-19 for more information.

The Delaware Department of Public Health continually updates COVID policies and sports specific mandates. The NCC Sports Office monitors DPH for these updates and may revise these policies as needed throughout the season.