



## Summary of Blue Choice PPO Benefits – January 2020

| Benefit  | IN Network  | Out-of-Network                  |
|--|---|---------------------------------|
| <b>General Provisions</b>  |   |                                 |
| <b>Benefit Period<sup>(1)</sup></b>  | Calendar Year   |                                 |
| <b>Deductible (Embedded)</b>   |   |                                 |
| Individual   | \$200 (DME, Prosthetics, & Hearing Aids Only)                                   | \$200                           |
| Family   | \$400 (DME, Prosthetics, & Hearing Aids Only)                                   | \$400                           |
| <b>Plan Pays</b> – payment based on the plan allowance   | 80% after deductible (For DME, Prosthetics, & Hearing Aids Only)                | 80% covered after deductible    |
| <b>Coinsurance Maximum (Embedded)</b> (per benefit period)   |   |                                 |
| Individual   | \$2,000 (DME, Prosthetics, & Hearing Aids Only)                                 | \$2,000                         |
| Family   | \$4,000 (DME, Prosthetics, & Hearing Aids Only)                                 | \$4,000                         |
| <b>Total Maximum Out of Pocket<sup>(2)</sup> (Embedded)</b><br>(Medical In-Network deductible, coinsurance, and copays). Once met, plan pays 100% of covered services for the rest of the calendar year. |   |                                 |
| Individual   | \$8,150   | N/A                             |
| Family   | \$16,300  | N/A                             |
| <b>Office/Clinic/Urgent Care Visits</b>  |   |                                 |
| <b>Primary Care Provider Office Visits</b>   | 100% after \$15 copayment; deductible does not apply                            | 80% covered after deductible    |
| <b>Specialist Office Visits</b>  | 100% after \$25 copayment; deductible does not apply                            | 80% covered after deductible    |
| <b>Urgent Care Center Visits</b>   | 100% after \$25 copayment; deductible does not apply                            | 80% covered after deductible    |
| <b>Preventive Care<sup>(3)</sup></b>   |   |                                 |
| <b>Routine Adult<sup>(3)</sup></b>   |   |                                 |
| Physical exams   | 100%; deductible does not apply   | Not Covered                     |
| Adult immunizations  | 100%; deductible does not apply   | Not Covered                     |
| Colorectal cancer screening  | 100%; deductible does not apply   | Not Covered                     |
| Routine gynecological exams, including a Pap Test  | 100%; deductible does not apply   | Not Covered (except PAP @ 100%) |
| Routine Mammogram  | 100%; deductible does not apply   | Not Covered                     |
| Prostate Specific Antigen Test   | 100%; deductible does not apply   |                                 |
| <b>Routine Pediatric</b>   |   |                                 |
| Physical exams   | 100%; deductible does not apply   | Not Covered                     |
| Pediatric immunizations  | 100%; deductible does not apply   | Not Covered                     |
| <b>Vision</b>  |   |                                 |
| Adult: Routine Vision Exam   | 100% covered; deductible does not apply<br>One routine eye exam every 24 months | Not Covered                     |
| Pediatric Vision:<br>Routine Vision Exam   | 100% covered; deductible does not apply<br>One routine eye exam every 12 months | Not Covered                     |
| <b>Hospital and Medical/Surgical Expenses (including Maternity)</b>  |   |                                 |
| <b>Hospital Inpatient</b>  | 100% Covered  | 80% covered after deductible    |
| <b>Hospital Outpatient</b>   | 100% Covered (Diagnostic Imaging - \$10 Copay)                                  | 80% covered after deductible    |
| <b>Maternity</b> (non-preventive facility & professional services)   | 100% Covered  | 80% covered after deductible    |
| <b>Medical/Surgical</b> (except office visits)   | 100% Covered  | 80% covered after deductible    |
| <b>Ambulatory Surgery</b>  | 100% Covered  | 80% covered after deductible    |
| <b>Emergency Services</b>  |   |                                 |
| <b>Emergency Room Services</b>   | 100% after \$50 copayment per visit (waived if admitted)                        |                                 |
| <b>Ambulance</b>   | 100% Covered  |                                 |

| Benefit   | IN Network  | Out-of-Network   |
|---|---|--|
| <b>Outpatient Therapy Rehabilitation Services</b>   |   |  |
| Physical and Occupational Therapy   | 100% Covered  | 80% covered after deductible   |
| Speech Therapy  | 100% Covered  | 80% covered after deductible   |
| Chiropractic  | 80% Covered   | 80% covered after deductible   |
| Limit: 30 visits/benefit period   |   |  |
| Cardiac Rehab   | 100% Covered  | 80% covered after deductible   |
| Chemotherapy and Radiation Therapy  | 100% Covered  | 80% covered after deductible   |
| <b>Mental Health/Substance Abuse</b>  |   |  |
| Inpatient   | 100% Covered  | 80% covered after deductible   |
| Inpatient Detoxification/Rehabilitation   | 100% Covered  | 80% covered after deductible   |
| Outpatient  | 100% Covered  | 80% covered after deductible   |
| <b>Other Services</b>   |   |  |
| <b>Diagnostic Services</b>  |   |  |
| Advanced Imaging (MRI, CAT, PET scan, etc.)   | 100% covered after \$10 copayment   | 80% covered after deductible   |
| Standard Imaging (X-Rays, including diagnostic mammograms)  | 100% covered after \$10 copayment   | 80% covered after deductible   |
| Laboratory  | 100% Covered  | 80% covered after deductible   |
| Durable Medical Equipment, Prosthetics & Hearing Aids (1 hearing aid per impaired ear every 36 months)  | 80% covered after deductible  | 80% covered after deductible   |
| Home Health Care  | 100% Covered  | 100% Covered   |
| Limit: 240 visits/calendar year   |   |  |
| Hospice   | 100% Covered  | 100% Covered   |
| Private Duty Nursing  | 100% Covered  | 80% covered after deductible   |
| Limit: 240 hours/12-month period - Inpatient Only   |   |  |
| Skilled Nursing Facility Care   | 100% Covered  | 100% Covered   |
| Limit: 120 days/calendar year   |   |  |
| Infertility Services (Counseling, Testing and Treatment)  | Covered at applicable service's benefit; up to a \$40,000 Lifetime Maximum; combined with Assisted Fertilization Procedure Lifetime Max; Combined In and Out of Network | Covered at applicable service's benefit; up to a \$40,000 Lifetime Maximum; combined with Assisted Fertilization Procedure Lifetime Max and Combined In and Out of Network |
| Assisted Fertilization Procedures   | Covered at applicable service's benefit; up to a \$40,000 Lifetime Maximum; combined with Infertility Services Lifetime Max; Combined In and Out Of Network             | Covered at applicable service's benefit; up to a \$40,000 Lifetime Maximum; combined with Infertility Services Lifetime Max; Combined In and Out of Network                |
| Prescription Drugs  | Generic Drugs \$5 copay<br>Preferred Brand Drugs \$15 copay<br>Non-Preferred Brand Drugs \$30 copay   | Not Covered  |
| Administered by ESI Direct not Highmark Delaware<br>Information available at <a href="http://www.express-scripts.com">www.express-scripts.com</a> | \$20,000 Lifetime Maximum for Infertility Drugs   |  |

- (1) Your group's benefit period is based on a Calendar Year. The Calendar Year is a consecutive 12-month period beginning on January 1<sup>st</sup>.
- (2) The Network Total Maximum Out-of-Pocket (TMOOP) is mandated by the federal government. TMOOP must include deductible, coinsurance, copays, prescription drug cost share and any qualified medical expense. If you are enrolled in a "Family plan", with your embedded deductible, only one eligible family member must satisfy his/her individual deductible before claims reimbursement begins. In addition, with your embedded out-of-pocket limit, once an individual family member's out-of-pocket limit is satisfied, additional claims reimbursement begins for that person. Finally, with your embedded TMOOP, once any eligible family member satisfies his/her individual TMOOP, claims will pay at 100% of the plan allowance for covered expenses, for the rest of the plan year.
- (3) Services are limited to those listed on the Highmark Delaware Preventive Schedule.
- (4) Highmark Medical Management & Policy (MM&P) must be contacted prior to a planned inpatient admission or within 48 hours of an emergency or maternity-related inpatient admission. Be sure to verify that your provider is contacting MM&P for precertification. If this does not occur and it is later determined that all or part of the inpatient stay was not medically necessary or appropriate, you will be responsible for payment of any costs not covered.

This is not intended as a contract of benefits. It is designed purely as a reference of the many benefits available under your program.

**This is not a contract. This benefits summary presents plan highlights only. Contract limitations and exclusions apply. Please refer to your benefits booklet (or contact your marketing representative to request a copy) for complete information.**

**All percentages are based on Highmark Blue Cross Blue Shield Delaware's allowable charge.**

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